

# TL'AZT'EN NATION

PO Box 670, Fort St. James, B.C. VOJ 1P0 Phone 250-648-3212 • Fax 250-648-3250

## **JOB POSTING**

## **Youth Wellness Counselor**

The Youth Wellness Counselor plays a vital role in promoting wellness, resilience, and empowerment among the youth of Tl'azt'en Nation. This position works within a collaborative health and wellness team to support youth facing mental health and addictions challenges. Through one-on-one counselling, group programming, and community engagement, the Youth Mental Wellness Counselor helps build the capacity of youth by developing personalized wellness plans, facilitating life skills training, and connecting clients with appropriate resources. The successful candidate will be a strong role model who demonstrates respect, inclusiveness, and a commitment to culturally informed practices in mental health service delivery.

Job Type: Fulltime Permanent Work Location: Onsite, Tache, BC

Pay Rate: \$41.60 – 48.36/hr
Holidays: 2 weeks per year to start
Work Hours: 35 hours/week, 5 days/week

### **Duties & Responsibilities:**

- Build strong trusting relationships with youth and families to support individual wellness plans.
- Provide one-on-one and group counselling focused on mental health, addictions, self-esteem, and life skills.
- Conduct mental health assessments and refer to appropriate professionals for further evaluation.
- Develop and deliver culturally appropriate wellness and education programs for youth.
- Promote youth participation in traditional, land-based, and cultural activities that enhance wellness.
- Collaborate with internal teams and external agencies to coordinate care and referrals.
- Create and maintain client files and statistical tracking in MOIS and other systems.
- Plan and deliver structured programs with defined goals, timelines, and measurable outcomes.
- Prepare and submit monthly written reports on all programs and activities.
- Maintain strict confidentiality of client information and records.
- Apply for external funding to support program delivery and youth initiatives.
- Develop budgets for wellness programs and manage expenditures within approved limits.
- Coordinate intake processes and outreach for high-risk or disconnected youth.
- Document incidents and take appropriate actions to ensure safety and program integrity.
- Support youth in navigating challenges in education, employment, and personal development.

#### **Preferred Qualifications:**

- Bachelor's degree in psychology, counselling, social work, or a related health field.
- Current registration with a relevant professional governing body in British Columbia.
- Five years of experience in mental health or addictions counselling roles.
- Experience developing and delivering youth wellness or life skills programs.
- Proven ability to work effectively with Indigenous youth and families.
- Strong communication, planning, and documentation skills.
- Ability to manage crisis situations with sensitivity and sound judgment.
- Willingness to work flexible hours and travel as needed.
- Experience with client tracking software and Microsoft Office programs.
- Possess a valid BC Class 5 Drivers License and satisfactory Criminal Record check.

Interested applicants please submit a cover letter and resume via email to: health.director@tlazten.bc.ca

Closing Date: Friday, August 8, 2025 @ 4:00 pm

Only candidates selected for an interview will be contacted